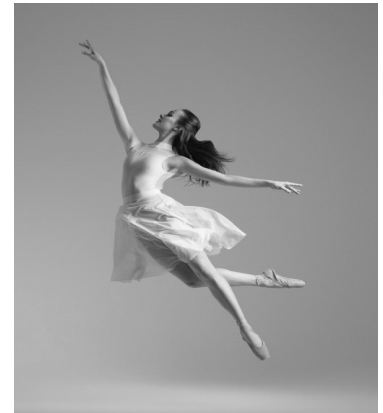
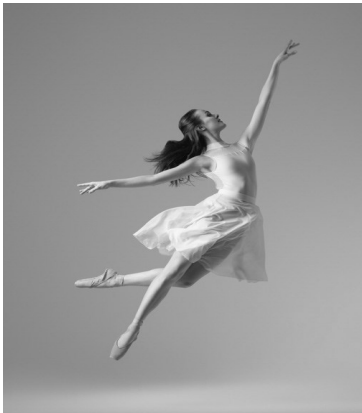


DWF NEWS

Spring 2019

Dance with France Presents:
"Triumphant"



Saturday June 22, 2019



Bella Concert Hall

Mount Royal University

DANCE WITH FRANCE SPRING BREAK CAMP

With Miss Gretta & Miss Payton

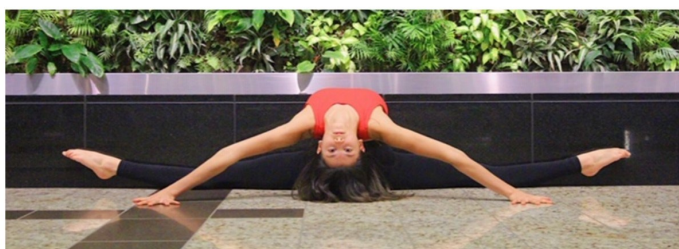
ACRO JAZZ - AERIAL & HOOP

MARCH 25-28 (9:15am- 3:30pm)

Free Pre/Post care (8:30am- 4:30pm)

Register before February 15- \$149

After March 15- \$179



Aerial Basics with use of the Fire-fly Apparatus:

In this class, we will begin with conditioning and stretches in aerial hammock, working through beginner moves and focusing on pointing the toes and straightening the legs while engaging the core. Then learn beginner inversions, giving the base for harder skills such as wraps and drops. Moving into aerial hoop, we will work on a number of ways to get into the hoop and beginner moves on the bottom bar as well as in the hoop. There will be a focus on engaging the correct muscle groups and how to stretch properly for these styles of dance to reduce injury.

DATES TO REMEMBER

<u>March 22-29, 2019</u>	Spring Break - No Classes
<u>May 18-20, 2019</u>	May Long Weekend - No Classes
<u>June 1, 2019</u>	Examinations
<u>June 8-13, 2019</u>	Rehearsal Week- At studio
<u>June 15-20, 2019</u>	Costume Rehearsal Week- At studio
<u>June 22, 2019</u>	Year End Show
<u>July 15-19, 2019</u>	Summer Camp
<u>June 22-26, 2019</u>	Summer Camp
<u>Aug 12-16, 2019</u>	Summer Camp
<u>Aug 19-23, 2019</u>	Summer Camp

Class Changes

The first three weeks in February is a assessment period. Teachers may request changes for some students to better fit a class and students ability. Students and parents are encouraged to see the front desk if there are any questions. DWF will be ordering costumes in the beginning of March 2019. The deadline for class changes will be March 10, 2019. After this date the students are responsible for all costume fees.

DANCE WITH FRANCE

#104 - 8408 Elbow DR. SW
Calgary, Alberta
T2V 1K7



(403) 243- 2111
info@dancewithfrance.ca
www.dancewithfrance.ca

Please check the website for dates, information and updates!